940 Montauk Highway Bayport NY 11705



CONCENSION OF THE Since 1932



August 31 - September 2 ONLY!

As I write this, the sweltering heat of August has me longing for the cool temps of Autumn. I feel like Fall is the time to get things done. Without the heat weighing me down I am more willing to take on those projects which I hoped to do in the summer but never did.

So if you are like me and are looking to revamp, create or just tweak your home and garden, then we can help. Our home-grown mums are ready to go, fall decorations are here and perennials and shrubs are waiting to beautify your landscape. So do something that makes you happy, is good for you and the environment, and lasts a long time...gardenindoors and out! Check out the great upcoming events including our annaul Tent Sale, Workshops, Kids' Classes and the Bayport Blue Point Chamber Expo on October 17th!!

Stay cool my friends...Karl



Autumn Gardening Hours Monday - Saturday, 8 am - 6 pm Sunday, 9 am - 5 pm



Register For ALL CLASSES Either In Store or at 631-472-0014

Did You Know...

That we take our 'show' on the road? We are available for talks on gardening, flower arranging and anything else horticultural! Give us a call for your next meeting - or school group - we'll be sure to grow on you. Our kid's classes are also available to groups during the week. Contact Amy at *marketing@*

bayportflower.com for more info.



SPOOK-TACULAR Saturdays at Bayport Flower Houses



Register For ALL CLASSES Either In Store or at 631-472-0014



<image>

Crazy Gourds, Jack Be Littles & Turbans

Rutgers: Flowers Boost Seniors' Well Being

Everyday, America's aging population - 40 million and rising - faces the challenges of growing older, including depression, memory loss and social withdrawal. As a concerned nation, we are continually exploring new means to ease daily-life anxieties. Recently, researchers at Rutgers, The State University of New Jersey, released the results of a six-month behavioral study on the health effects of flowers on senior citizens. The study demonstrates that flowers ease depression, inspire social networking and refresh memory as we age.

"The results are significant because as our nation grows older and life becomes more stressful, we look for easy and natural ways to enhance our lives - and the lives of our aging parents," said Dr. Jeannette Haviland-Jones, professor of psychology and director of the Human Development Lab at Rutgers. "Now, one simple answer is right under our noses."

This research follows a study conducted in 2000, which links flowers to greater happiness and life satisfaction in women. In 2001, Rutgers set out to explore the effects flowers would have on senior citizens, who experience different living situations and greater life changes.

Prevention in a Bud, Not a Bottle

More than 100 seniors participated in the Rutgers research study, in which some received flowers and others did not. The results shed new

light on how nature's support systems help seniors cope with the challenges of aging. The results are as follows: ~Flowers Decrease Depression. Study participants showed a significant increase in happiness and positive moods when flowers were present.

~Flowers Refresh Recent Memory. Seniors performed higher on everyday memory tasks and experienced enriched personal memories in the presence of flowers.

~Flowers Encourage Companionship. Seniors who received flowers re-engaged with members of their communities and enlarged their social contacts to include more neighbors, religious support and even medical personnel.

"Instinct tells us that flowers lift our spirits, but, their effects on seniors are especially profound, if not surprising," said Haviland-Jones.

New Evidence Sprouts Up

Specifically, 81 percent of seniors who participated in the study reported a reduction in depression following the receipt of flowers. Forty percent of seniors reported broadening their social contacts beyond their normal social circle of family and close friends. And, 72 percent of the seniors who received flowers scored very high on memory tests in comparison with seniors who did not receive flowers.

"Happier people live longer, healthier lives and are more open to change," said Haviland-Jones. "Our research shows that a small dose of nature, like flowers, can do a world of wonder for our well-being as we age."

Remember: Grandparent's Day is Sunday, September 9th

Bayport Flower Houses' Fall Florals - Inspired By Nature





FALL IS FANTASTIC FOR PLANTING!

Summer is winding down, school buses are back on the road and cooler days are ahead. It's the PERFECT time for planting and we've got EVERYTHING you need! With the August heat behind us, we're ready to get outside again and start to plan what comes next in the garden. Fall is ideal time for planting trees, shrubs, and perennials; they'll quickly set roots, prepping them for spring's lush

flowers and foliage. *Here's some inspiration....*

PROFUSION CALLICARPA

Superb deciduous shrub with abundant clusters of long-lasting, violet-colored berries in fall. New growth has a bronze tinge. Prune in late winter to early spring to encourage new growth

GOSHIKI OSMANTHUS

Translates from Japanese as "five colors". New leaves emerge red and quickly turn green with spots of creamy white, gray-green, and yellow-green. Evergreen perfect for accent or hedge.

DIAMOND ROUGE HYDRANGEA

Upright clusters of white flowers mature to chartreuse before turning rose-mauve in late summer, fading to beige in fall. Brilliant red fall foliage color. Great accent or specimen plant. Proven Winners



evergreen, creeping shrub with green and white variegated foliage that becomes tinged in pink as the weather cools in the fall and winter. Excellent for edging and pretty enough for lecorative container

Harlequin is a compact,



or RED AZALEA Enjoy up to five months of blooms? Large flowers | appear in April, then rebloom in early July, continuing through fall until hard frost.



CHOLLIPO EUONYMUS Handsome, dense evergreen with creamy leaf variegation. Outstanding foundation plant. hedge, screen, topiary or ac-

cent specimen. Tolerates poor

soils, heat, and salt spray.



AUTUMN JOY SEDUM Autumn Joy' brings foliage variegation and combines strength and garden performance to create a colorful masterpiece through fall. Easy to grow and highly drought resistant,



Bayport Flower Houses' 2018 WINTER PLANT CAMP NOW ACCEPTING RESERVATIONS! Palms - Gardenias - Ferns - Citrus - Hibiscus -Houseplants -Succulents -Cacti - Tropical

Let us **BABY** your **BABIES** until next summer! call for pricing

We proudly offer this service for customers who would like to keep their summer blooming favorites alive during the colder months but don't have the space (or time) to devote to their care. Our Overwintering Program is priced by the pot size and includes top notch care throughout the winter in our greenhouses. For pricing and questions, you can either call us at 631.472.0014 or email us at greenhouse@bayportflower.com.

EGGE TO PLANT SPIRING BULKS NOW



We've got a large selection of Deer Resistant Bulbs such as Daffodils,

Hyacinth and Allium. And don't forget the Snowdrops, Dutch Master Daffodils and Flaming Parrot Tu-

lips And don't miss our **Re-blooming**

Iris varieties which have been bred to produce bloom stalks more than once a year, first in spring and then again in late summer or fall.

We've Got A Great Selection of Small Bulbs for Cemetery Plantings such as Crocus, Specie Tulips, Daffodils and Muscari (Grape Hyacinth)





Unsure of what's wrong with your tree, shrub, perennial,

annual, tropical, houseplant, vegetable, herb????



September brings the cooler days of Autumn and with that the beautiful blooms of Fall Mums. A favorite because of their dense flower blooms, mums brighten any landscape or container.



Our mum fields are planted by hand in late June and tended to with care throughout the summer months. Colors include bright yellows & whites, lovely purples and burgundies as well as oranges. This year we are pleased to offer both our traditional, 4.5", 6" and 9" pots along with beautiful hanging baskets and large 12" pots. Mum plantings in bushel baskets or peanut

baskets make great gifts. Perfect for autumn Containens





Abundant, clear white flowers branch above mounding foliage. A great extension of summer color in the garden. Requires rich, moist soil. Blooms August-October.

JAPANESE ANEMONE

MONTAUK

DAISY

A more shrubby perennial;

the dark, glossy leaves are

dense and create a mounded

plant 3' tall and round. Single

3" white flowers start bloom

ORNAMENTAL

GRASSES

Ornamental grasses can fit into

almost any garden theme. They

lend height, movement, and

long season color to the land-

scape. Some choices include

BLUE DUNE, HOTROD,

and PINK MUHLY.

KARLEY ROSE, HOTROD

ing in September and last

until frost

